Blessings throughout the year (From the the Sons of the Most Holy Redeemer)

January 6. Epiphany: Gold, Frankincense and Myrrh. Chalk
February 2. Purification: Candles
February 3. Saint Blaise: Throats
February 5. Saint Agatha: Bread
March 7. Saint Thomas Aquinas: Cincture in honor of St. Thomas Aquinas
March 21. Saint Benedict: Medals of Saint Benedict
April 2. St. Francis of Paula: Wool Cincture in honor of St. Francis of Paula
April 5. St. Vincent Ferrer: Water
April 29. St. Peter of Verona: Palms or other foliage
May 3. Finding of the Holy Cross: Crosses which are to be set in fields or vineyards
May 24. Our Lady Help of Christians: Persons
June 23. Vigil of St. John the Baptist: Bonfires
July 16. Our Lady of Mount Carmel: Brown Scapular
August 15. Assumption of the Blessed Virgin Mary: Herbs
September 8. Nativity of the Blessed Virgin Mary: Seeds and seedlings
September 29. St. Michael: Scapular of St. Michael
October 3. St. Therese of the Child Jesus: Roses
October 4. St. Francis of Assisi: Cord in honour of St. Francis
October 7. Our Lady of the Rosary: Rosaries
October 8. St. Bridget: Brigittine Rosaries
November 3. St. Hubert: Water, salt and bread
November 27. Our Lady of the Miraculous Medal: Miraculous Medals
December 27. St. John the Evangelist: Wine